

**2022 Online Education & Distance Learning  
Ecourses/Teleclasses/Webinars/DVDs**

**Folk Medicine Revival Academy - Dr. Sandi Rogers**

Business success for natural medicine practitioners

Online – self directed  
CEU's: 12 (minimum)

(61) 411-047821  
[sandi@sandirogers.com.au](mailto:sandi@sandirogers.com.au)  
[www.sandirogers.com.au](http://www.sandirogers.com.au)

**Laura Norman Holistic Reflexology Training Programs**

**Weekend Live – Sande Rosen**

Foot Reflexology Mastery Class

Feb 25 – 27  
CEU's: 16

Face & Ear Reflexology Certification

Mar 19 – 20, 26 – 27  
CEU's: 24

Hand Reflexology Certification

May 13 – 15, 20 – 22  
CEU's: 32

**Evening Live – Michael Edan**

Foot & Hand Reflexology

Jan 26, 31, Feb 2, 7, 9  
CEU's: 16

Foot Reflexology Part 1

Feb 21, 23, 28, Mar 2, 7, 9, 14, 16  
CEU's: 24

Advanced Foot Reflexology Part 2

Mar 21, 23, 28, 30, Apr 4, 6, 11, 13  
CEU's: 24

Advanced Foot Reflexology Part 3

Apr 25, 27, May 2, 4, 9, 11, 16, 18  
CEU's: 24

Foot Reflexology Mastery Class

June 6, 8, 13, 15, June 20  
CEU's: 16

Face & Ear Reflexology Certification

June 11, 13, 18, 20, 25, 27, Aug 1, 3  
CEU's: 24

**Morning Live – Sue Barrett**

Advanced Foot Reflexology Part 3

Jan 11, 13, 18, 20, 25, 27, Feb 1, 3  
CEU's: 24

Foot & Hand Reflexology

Mar 1, 3, 8, 10, 15  
CEU's: 16

Foot Reflexology Mastery Class

Mar 22, 24, 29, 31, Apr 5  
CEU's: 16

Face & Ear Reflexology Certification

June 7, 9, 14, 16, 21, 23, 28, 30  
CEU's: 24

Hand Reflexology Certification

July 12, 14, 19, 21, 26, 28, Aug 2, 4, 9, 11

CEU's: 32

LIVE Online over Zoom

561-272-1220 / 212- 532- 4404

[www.lauranorman.com](http://www.lauranorman.com)

[diane@lauranorman.com](mailto:diane@lauranorman.com)

**Metamorphosis – Cindy Silverlock**

**Metamorphosis Online Intro Class**

March 4, 11, 18, 25

CEU's: 6

**Metamorphosis Online Practitioner Support**

March 7, 14, 21, 28, April 4, 11

CEU's: 6

[cindysilverlock@gmail.com](mailto:cindysilverlock@gmail.com)

[www.metamorphosiscenter.com](http://www.metamorphosiscenter.com)

**Reflex-OIL-ogy**

**2021 PRERECORDED CLASSES**

Basic Introduction to Reflex-OIL-ogy™

CEU's: 2

Reflex-OIL-ogy™ of the Digestive System

Gastrointestinal Tract

CEU's: 8

Reflex-OIL-ogy™ of the Respiratory System

CEU's: 8

Reflex-OIL-ogy™ of the Skeletal System

CEU's: 8

Reflex-OIL-ogy™ of the Nervous System with

Raindrop Reflex-OIL-ogy

CEU's: 8

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

**Reflexology Association of America**

RAA 2022 Virtual Conference

April 30 – May 1

CEU's: 8

<https://reflexology-usa.org/raa-conference-2022/>

## **Reflexology Association of California**

Prerecorded

Energy: The New Frontier in Reflexology with Christine Issel

CEU's: 1

My Unique Reflexology Approach with Christine Issel

CEU's: 1

Fertility Reflexology with Susan Quayle

CEU's: 1

Gentle Touch Reflexology for Babies and Children with Sue Ricks

CEU's: 3

Website & Email Marketing Strategies for the Entrepreneur with Patricia Thaxter

CEU's: 1

Reflexology of the Ourter Ear with Victor Archuleta

CEU's: 1

Self-Care Reflexology for the Digestive System with Chantel C. Lucier

CEU's: 1

Metamorphosis Webinars (3) with Cindy Silverlock

CEU's: 1 per webinar

Holistic Healing with Reflexology with Earendil Spindelilus

CEU's: 1 per webinar (3) webinars

Mapping the Feet with Sam Belyea

CEU's: 1

Mental & Emotional Zones with Sam Belyea

CEU's: 1

Elements and Consultations with Sam Belyea

CEU's: 1

Ear Protocols for Addiction with Stefanie Sabouchian

CEU's: 1

Ear Protocols for Vision & Hearing with Stefanie Sabouchian

CEU's: 1

Ear Protocols for Stress & Related Disorders with Stefanie Sabouchian

CEU's: 1

[www.reflexology-ca.org/education.html](http://www.reflexology-ca.org/education.html)

## **Shirley Knapp**

### **Building Your Business for Reflexology**

Self Directed

CEU's: 3

### **Marketing Your Business for Reflexology**

Self Directed

CEU's: 2

828-736-7100

[Shirley@shirleyknapp.com](mailto:Shirley@shirleyknapp.com)

[www.shirleyknapp.com](http://www.shirleyknapp.com)

## **Stefanie Sabouchian's Reflexology Classes**

### **Effective Ear Reflexology Protocols – Musculoskeletal Challenges**

Feb 6

CEU's: 2

909-896-3610

[reflexologybystefanie@gmail.com](mailto:reflexologybystefanie@gmail.com)

<https://reflex2relax.com/calendar/>

## **Structural Reflexology – Geraldine Villeneuve**

### **Structural Reflexology Step-by-Step DVD/VOD**

CEU's: 8

### **Structural Reflexology Proprioceptive Neuromuscular Facilitation and Passive Foot Mobilization DVD/VOD**

CEU's: 4

[StructuralReflexology@gmail.com](mailto:StructuralReflexology@gmail.com)

## **The At Home Experience - Chantel C. Lucier, NBCR, RMT, CREd**

### **Intuitive Reiki Program**

Webinars & one-on-One Mentorship

Program is evergreen and can be joined anytime

CEU's: 24

[www.theathomeexperience.com/intuitive-reiki-course.html](http://www.theathomeexperience.com/intuitive-reiki-course.html)

### **Monthly Self -Care Webinars**

Live Webinars & past videos available to watch on your own time

24 videos available / 12 upcoming live webinars

Past Videos in series available to watch on your own time (24 videos available)

Season 3 begins Jan 16

CEU's: 1 per webinar or 12 for the series

<https://tjheathomeexperience.com/mww.html>

917-670-7744

## **The Stone Institute, Paula Stone**

*Home Study Courses/Ongoing – Paula's book is currently out of print. If you sign up for her activities, she'll provide the chapter needed.*

TR-SC1 Introduction to Reflexology – Ch 1

CEU's: 3

TR-SC2 Theories of Reflexology – Ch 2

CEU's: 3

TR-SC3 Zone Therapy, Meridian Therapy, & Reflexology – Ch 3

CEU's: 3

TR-SC4 Forms of Reflexology

CEU's: 3

TR-SC5 Reflexology, Massage, & Allied Practices – Ch 5

CEU's: 3

TR-SC6 Wellness Models – Ch 6

CEU's: 3

TR-SC7 Session Fundamentals & Charting – Ch 7

CEU's: 3

TR-SCP7 Session Fundamentals & Charting with Practical – Ch 7

CEU's: 6

TR-SC8 Reflexology Practice & Business – Ch 8

CEU's: 3

TR-SC9 Self-Care for Reflexologists – Ch 9

CEU's: 3

TR-SC10 Orientation to the Body – Ch 10

CEU's: 3

TR-SC11 Anatomy & Physiology of the Foot & Leg – Ch 11

CEU's: 3

TR-SC 12 Guidelines & Stabilization - Ch 12

CEU's: 3

TR-SCP12 Guidelines & Stabilization with Practical - Ch 12

CEU's: 6

TR-SC13 Touch, Thumb, and Finger Techniques - Ch 13

CEU's: 3

TR-SCP13 Touch, Thumb, and Finger Techniques with Practical - Ch 13

CEU's: 6

TR-SC14 The Body - Ch 14

CEU's: 3

TR-SCP14 The Body with Practical - Ch 14

CEU's: 6

TR-SC15 Integumentary System – Ch 15

CEU's: 3

TR-SCP15 Integumentary System with Practical – Ch 15

CEU's: 6

TR-SC16 Skeletal System – Ch 16

CEU's: 4

TR- SCP16 Skeletal System with Practical – Ch 16

CEU's: 12

TR-SC17 Muscular System – Ch 17

CEU's: 4

TR-SCP17 Muscular System with Practical – Ch 17

CEU's: 12

TR-SC18 Nervous System – Ch 18

CEU's: 6

TR-SCP18 Nervous System with Practical – Ch 18

CEU's: 20

TR-SC19 Cardiovascular System – Ch 19

CEU's: 4

TR-SCP19 Cardiovascular System with Practical

CEU's: 12

TR-SC20 Sensory System - Ch 20

CEU's: 4

TR-SCP20 Sensory System with Practical – Ch 20

CEU's: 12

TR-SC21 Respiratory System – Ch 21

CEU's: 4

TR-SCP21 Respiratory System with Practical – Ch 21

CEU's: 8

TR-SC22 Endocrine System – Ch 22

CEU's: 6

TR-SCP22 Endocrine System with Practical – Ch 22

CEU's: 8

TR-SC23 Lymphatic System & Immunity – Ch 23

CEU's: 3

TR-SCP23 Lymphatic System & Immunity with Practical – Ch 23

CEU's: 6

TR-SC24 Digestive System – Ch 24

CEU's: 6

TR-SCP24 Digestive System with Practical – Ch 24

CEU's: 12

TR-SC25 Urinary System – Ch 25

CEU's: 3

TR-SCP25 Urinary System with Practical - Ch 25

CEU's: 6

TR-SC26 Reproductive System – Ch 26

CEU's: 3

TR-SCP26 Reproductive System with Practical – Ch 26

CEU's: 6

The Stone Institute

[www.TheStoneInstitute.org](http://www.TheStoneInstitute.org)

[info@TheStoneInstitute.org](mailto:info@TheStoneInstitute.org)

636-724-8686

### **Washington Reflexology Association**

Reflexology and Crystals (online ebook) Gretchen

Mokrani

CEU's: 2

Introduction to Foot Zone Therapy (4 online videos)

Christine Christensen

<https://www.washingtonreflexology.org>

CEU's: 2

Immune System Support (2 hour online videos)

Linda Frank

CEU's: 2

## 2022 International Classes

### CANADA

#### QC, Donion

#### CSRI Academy of Excellence – Ikdiko Zambo licensed to teach Dr. Martine Faure Alderson's program

#### Cranio-Sacral Reflexology 2<sup>nd</sup> year

##### Cranio Sacral

Feb 22 - 27

CEU's: 12

##### Lymphatic

Mar 31, April 1-3

CEU's: 12

##### Cardiovascular

June 17 -19

CEU's: 12

##### Hormonal

Aug 18 -21

CEU's: 12

##### Review for exam

Oct 1 - 2

Final Exam – to be determined

#### Advanced Training in Cranio-Sacral Reflexology

##### Brain

Mar 23 – 27

CEU's: 12

##### Whiplash

May 27 - 29 2022

CEU's: 12

##### Hand

Aug 27 – 28

CEU's: 12

##### Brain 1

Sept 21 – 25

CEU's: 12

00 1 514 485 7223 (Landline) / 00 1 450 218 1911

[izreflex@videotron.ca](mailto:izreflex@videotron.ca)

[www.izreflex.ca](http://www.izreflex.ca)



## 2022 Classes in the United States

### Alabama

Daphne

#### Reflex-OIL-ogy

##### IIR Reflexology Phase I & II

Feb 5 - 6  
CEU's: 16

##### IIR Reflexology Phase III

Feb 19  
CEU's: 16

##### IIR Reflexology Phase I & II

June 11 - 12  
CEU's: 16

##### IIR Reflexology Phase III

August 6 - 7  
CEU's: 16

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

### Arizona

Tucson

#### Metamorphosis – Cindy Silverlock

##### Metamorphosis Class

March 5 - 6  
CEU's: 12

[cindysilverlock@gmail.com](mailto:cindysilverlock@gmail.com)

[www.metamorphosiscenter.com](http://www.metamorphosiscenter.com)

### California

Ventura

#### Stefanie Sabouchian's Reflexology Classes

##### Beginning Foot Reflexology

March 26  
CEU's: 6

##### Beginning Hand Reflexology

April 2  
CEU's: 6

##### Pain Control & Stress Reduction with Foot Hand Ear Reflexology

Mar 27  
CEU's: 6

##### Beginning Ear Reflexology

April 3  
CEU's: 6

909-896-3610

[reflexologybystefanie@gmail.com](mailto:reflexologybystefanie@gmail.com)

<https://reflex2relax.com/calendar/>

## **Florida**

Altamonte Springs

### **Reflex-OIL-ogy**

Reflex-OIL-ogy of the Respiratory System

March 18

CEU's: 8

IIR Reflexology Phase III

Feb 19

CEU's: 16

Reflex-OIL-ogy of the Endocrine System

March 19

CEU's: 8

IIR Reflexology Phase III

August 6 - 7

CEU's: 16

251-209-4949

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[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

Cantonment

### **Reflex-OIL-ogy**

Reflex-OIL-ogy of the Lymphatic System

September 17

CEU's: 8

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

## **Illinois**

Peoria

### **Reflex-OIL-ogy**

Reflex-OIL-ogy of the Lymphatic System

May 17

CEU's: 8

Reflex-OIL-ogy of the Nervous System

May 18

CEU's: 8

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

## **Indiana**

Crown Point

### **Reflex-OIL-ogy**

Reflex-OIL-ogy of the Endocrine System

May 21

CEU's: 8

Reflex-OIL-ogy of the Urinary System

May 22

CEU's: 8

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

## **Kentucky**

Versailles

### **Reflex-OIL-ogy**

Reflex-OIL-ogy of the Digestive System – Gastrointestinal Tract

January 22

CEU's: 8

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

## **Louisiana**

Rayne

### **Reflex-OIL-ogy**

IIR Reflexology Phase I/II

April 22 - 23

CEU's: 16

Reflex-OIL-ogy of the Lymphatic System

April 24

CEU's: 8

251-209-4949

[contact@reflex-oil-ogy.com](mailto:contact@reflex-oil-ogy.com)

[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

## **Maine**

Winthrop

### **Sole Wise Reflexology – Claire Guy**

Lymphatic System Clearing with Reflexology

Feb 21

CEU's: 7

Refresher Class in Foot Reflexology

May 28

CEU's: 6

Refresher Class on the Nervous System

June 12

CEU's: 6

Hand Certification Class

March 5, 19, April 2, 16

CEU's: 30

207-441-5670

[SoleWiseReflexology@gmail.com](mailto:SoleWiseReflexology@gmail.com)

[www.solewisereflexology.com](http://www.solewisereflexology.com)

**Maryland**

**Cumberland**

**Reflex-OIL-ogy**

Reflex-OIL-ogy of the Digestive System – Gastrointestinal Tract

Sept 11

CEU's: 8

Reflex-OIL-ogy of the Lymphatic System

Sept 12

CEU's: 8

251-209-4949

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[www.reflex-oil-ogy.com](http://www.reflex-oil-ogy.com)

**North Carolina**

**Salisbury**

**The Academy of Reflective Wellness – Cynthia Hill**

Hands & Ears; A Different Approach

Ear Reflexology and Korean Hand Reflexology

March 12 – 13

CEU's:

Facial Reflexology

March 26 – 27, April 9 – 10

CEU's:

Reflexology and the Brain-Gut Axis

May 21 – 22

CEU's:

East Meets West 300 Certification program 2022-2023

Module 1 - Basic Techniques of Reflexology

Sept 10 – 11, 24-25

CEU's: 28

Module 2 – Digestive System Secrets, Necessities of the Nervous System, Organize & Customize the Session

Oct 1 - 2, 15 -16

CEU's: 28

Module 3 - Hot Blooded, Check it and SEE!

Oct 29 – 30, Nov 12 - 13

CEU's: 28

Module 4 - Dem Bones, Muscle Mania, Your Urinary, and OhBABY! The Reproductive –

Jan 7 – 8, 21 -22, 2023

CEU's: 28

Module 5 - Endocrine System / Build the Bones

Feb 4 – 5, 18 - 19

CEU's: 28

Module 6 - TCM Where East meets West

March 4 – 5, 18 - 19

CEU's: 28

Module 7 – Spine/Organs/Element

April 1 – 2, 15 – 16

CEU's: 28

Module 8 - Muscles and Meridians

April 29 – 30, – May 13 - 14

CEUs: 28

[cyndihill@att.net](mailto:cyndihill@att.net)

704-636-4153

**Montana**

To be determined

**Reflex-OIL-ogy**

Reflex-OIL-ogy of the Endocrine System

May 21

CEU's: 8

Reflex-OIL-ogy of the Urinary System

May 22

CEU's: 8

251-209-4949

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